



KINO MACGREGOR in München – hosted by MahaShakti Yoga

Friday, 13th of Sept 2019 – Sunday, 15th of September 2019

Friday	06:00 pm – 08:00 pm	Hip To Be Square
Saturday	10:00 am - 12:00 am	Ashtanga Magic
Saturday	02:00 pm – 04:00 pm	Handstand Lovers
Sunday	10:00 am – 12:00 am	Ashtanga Full Primary Series
Sunday	02:00 pm – 04:00 pm	Fearless Backbends

Einlass/Entrance: An hour before beginning. If you've booked all 5 sessions you'll receive bracelet you will have to show before every check in and in the room. If you booked only individual classes, you'll be given different colored dots for each session. Please be patient, stay in line and check in for your class, thanks.

Break between sessions: Take something to eat with you if you need anything in between. Definitely something to drink. There aren't any restaurants or coffee shops near the venue. Between sessions it's actually best not to eat or drink too much. So nuts, fruits and something small will probably do. Please eat outside the room, so that nobody is disturbed by any smells during class. Thanks.

Good to know: **You won't get a ticket in advance, you'll check in with your first name! Please come in yoga clothes**, since there is no changing room available. And please **BRING YOUR MAT !!!** There are **NO MATS AT THE VENUE**. If you need a planket or blocks or anything else please bring this with you. The Skyloft Studio is NOT A YOGASTUDIO and therefore it's not equipped as yoga studios are. Apart from that you won't need anything but high spirits and the desire to move. Please don't bring any valuables with you.

There is no possibility to lock anything away. We assume no liability for lost property.

In case we don't have you on the list, you need to be able to show that you paid the amount for the workshop you want to enter. Either in printed form or on your mobile phone.

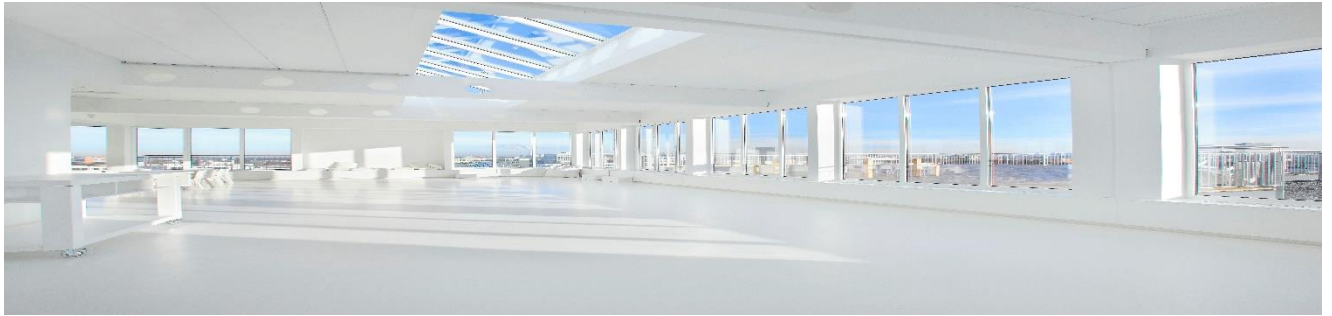
Venue and MVV: **The Event will not take place at the MahaShakti Yogastudio!**

Skyloftstudio, Taunusstraß 45 I MTC Haus 4, OG 5 I 80807 München I Tel: 089 – 33 40 59

Das Skyloftstudio befindet sich im HAUS 4 im 5. Stock mit Aufzug. Eingang siehe Bilder.

Ausreichend Parkplätze auf dem Gelände. I U2 Frankfurter Ring I U6 Nordfriedhof und Bus 17

Please also be aware that we'll invite you to other yoga events via mail. You can always unsubscribe the newsletter whenever you wish to do. We'll also take pictures during the event – in a friendly and unintrusive way.



The location.



Entrance Haus 4, Taunusstraße Nr. 45 – Skyloftstudio, 5th floor with the elevator

ENJOY THIS EVENT WITH KINO MACGREGOR!!! Have fun, much love, Veronika Rössl